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Welcome to Our Survey

**Thank you for participating in our survey. Your response is important.**



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Welcome to Woman is This (WIT)

**Who we are:** Woman is This (WIT) is a group of women who have been impacted by the promotion of gender identity ideology. We want to challenge the ways in which critical attitudes to gender identity ideology leads to a hostile environment for women at individual, cultural, organisational and institutional levels. We understand gender identity ideology within an historical context of the global oppression of women and girls.

**We believe that women's rights as a sex class to organise, express and collectively define as a group are being dismantled by the notion of gender as an individual identity. Sex is an immutable biological characteristic, and it is impossible to change sex. Gender is an entirely social construct that has no basis in material reality.**

**The purpose of this survey:** We want to collect data on the impact of gender identity ideology on women's mental health.

**The survey will be shared with women through networks of the global women's movement with the aim of gathering large scale empirical data that can be shared with policy makers, practitioners, researchers and the general public. Although we do not all use the term 'gender critical', for the purposes of this survey we are using gender critical as an umbrella term for all women who challenge, question or oppose gender identity ideology.**

**We are interested in the experiences of all gender critical women, whether you live with ongoing mental health problems or not.**

**We realise there are a lot of questions in this survey, however as far as we are aware it is unique and we have tried to be comprehensive. There are eight sections: General Questions, Children and Young People, Holding Gender Critical Views, Lesbian Erasure, Women and Professional Spaces, Information and Misinformation, Various Other Issues and Demographics.**

**We really appreciate your time in completing it and there is an option to be kept updated at the end.**

**Confidentiality and Anonymity**

**By completing and returning this questionnaire you are agreeing:**

- that the information you provide in the survey, be used to increase understanding and report on women's views
- that your views and personal information can be held and used by Woman Is This (WIT) for the purposes of analysing and reporting on womens' concerns.

**The survey should take about 30 minutes to complete. Your responses will be completely anonymous - we will not be collecting any identifiable information such as your name, address, IP or email address. The results will be analysed and summarised. They will be presented in written reports, articles, research talks, and media presentations, in order to expand our knowledge of the mental distress women are experiencing.**

**There are various comment boxes all the way through for you to express things in your own words.**

#### **Glossary of terms**

**We have included a glossary of terms at the end, if you are uncertain of our meaning.**

#### **Questions to us**

**If you have any questions, please email us: [witsurvey2021@gmail.com](mailto:witsurvey2021@gmail.com)**



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## General Questions

1. Do you feel gender identity ideology has had any effect on your mental health and well-being?

- A great deal  A little
- A lot  Not at all
- A moderate amount

2. Have you had formal and/or medical / psychological support relating to concerns around gender identity ideology?

- Yes
- No

3. Have you sought support or 'safe spaces' to share your views relating to gender identity ideology issues? (For example social media groups or meeting with like-minded others)

- Yes
- No

4. Have you increased your consumption of alcohol, food or (non)-prescription drugs as a result of the impact of gender identity ideology?

- Yes
- No

5. Have you lost friends or family members through your position/ views on gender identity ideology?

- Yes
- No

6. Does the use of gender instead of sex bother / concern you? i.e., "please state your gender" rather than your "sex"?

- Yes
- No
- No, as long as gender identity is only offered as an additional option

7. How do you feel about the use of pronouns in work email signatures, LinkedIn etc?

Very positive

Negative

Positive

Very negative

Neutral

8. How do you feel about changes to the language used to refer to women's bodies, for example 'chest feeders', 'uterus havers' 'menstruators'?

Very positive

Negative

Positive

Very negative

Neutral

9. How do you feel about the use of the word 'cis' as a prefix to woman?

Very positive

Negative

Positive

Very negative

Neutral

10. Would you like to say more about the general questions?

Children and Young People

11. Are you concerned about the notion of 'trans' children?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

12. Are you concerned about about the number of children and young people who are either 'transitioning' or talking about 'transitioning'?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

13. Are you concerned about children being told they are, or may be, the opposite sex if they do not conform to sex role stereotypes?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

14. Are you concerned about children being socially 'accepted' or 'validated' as the opposite sex or any other 'gender identity' by schools without parental knowledge?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

15. Are you concerned about girls sharing (or feeling afraid to challenge sharing) facilities, for example toilets, overnight accommodation, changing rooms and showering areas with boys and men?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

16. Are you concerned about children being put on puberty blockers and cross sex hormones, even with 'parental consent'?

A great deal

A little

A lot

Not at all

A moderate amount

17. Are you concerned about breast binding and removal of healthy breasts?

A great deal

A little

A lot

Not at all

A moderate amount

18. Are you concerned about surgery designed to 'change sex' being presented as normal and glamorous to children and young people?

A great deal

A little

A lot

Not at all

A moderate amount

19. Are you concerned about children's wider mental health difficulties being interpreted solely through the gender identity lens?

A great deal

A little

A lot

Not at all

A moderate amount

20. Are you concerned about the possibility of homophobic parents seeking to transition children to avoid having a gay or lesbian child?

A great deal

A little

A lot

Not at all

A moderate amount

21. Are you concerned about children or young people feeling it is more acceptable to identify as 'trans' or 'non-binary' than gay or lesbian?

A great deal

A little

A lot

None at all

A moderate amount

22. Would you like to say more about children and young people?







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### Holding Gender Critical Views

23. Have you been threatened / subject to verbal or physical abuse because of your gender critical views?

- Yes in person
- Yes on social media
- Both in person and on social media
- No

24. Have you been called a TERF / other derogatory names as a result of your views on gender identity?

- Yes
- No

25. Do you experience self-censorship because of your gender critical views?

- A great deal
- A lot
- A moderate amount
- A little
- Not at all

26. Are you concerned about being accused of bigotry or not being 'inclusive' because of your gender critical views?

- A great deal
- A lot
- A moderate amount
- A little
- Not at all

27. Are you concerned about being forced out of political organisations, community groups, and/or workplaces because of your gender critical views?

- A great deal
- A lot
- A moderate amount
- A little
- Not at all

28. Are you concerned about women receiving death threats / rape threats because of gender critical views?

A great deal

A little

A lot

Not at all

A moderate amount

29. Are you concerned about racism in the gender identity rhetoric?

A great deal

A little

A lot

Not at all

A moderate amount

30. Would you like to say more about racism in the gender identity rhetoric?

31. Are you concerned about attempts to compel women from marginalised groups into support of gender identity ideology?

A great deal

A little

A lot

Not at all

A moderate amount

32. Are you concerned about the possibility of legal action or police action and women being falsely accused of hate speech/crime?

A great deal

A little

A lot

Not at all

A moderate amount

33. Are you concerned about being accused of causing physical or emotional harm if you "misgender" or do not affirm people who claim to be the opposite sex?

A great deal

A little

A lot

Not at all

A moderate amount

34. Would you like to say more about holding gender critical views?

Lesbian Erasure

35. Are you concerned about the eradication of lesbian culture?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

36. Are you concerned by the notion that men can be lesbians?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

37. Are you concerned about lesbians being pressured / expected to engage in sexual activity with men who call themselves lesbians or have 'lady dick'?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

38. Are you concerned about lesbians having to meet in secret to avoid having to accept or welcome men as lesbians?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

39. Are you concerned about lesbians being shamed for asserting their same sex attraction?

- A great deal  A little  
 A lot  Not at all  
 A moderate amount

40. Are you concerned about the lack of lesbian role models?

A great deal

A little

A lot

Not at all

A moderate amount

41. Are you concerned about lesbian dating sites being inundated with men who claim to be lesbians?

A great deal

A little

A lot

Not at all

A moderate amount

42. Are you concerned about lesbianism being redefined as 'same gender' attracted rather than same sex attracted?

A great deal

A little

A lot

Not at all

A moderate amount

43. Are you concerned about lesbian groups – whether Meet-Up, Facebook groups, prioritising and promoting men over lesbians and bisexual women?

A great deal

A little

A lot

Not at all

A moderate amount

44. Are you concerned about it being suggested to girls that if they are attracted to other girls then they are a boy - not being made aware of lesbianism as a possibility / reality?

A great deal

A little

A lot

Not at all

A moderate amount

45. Would you like to say more about lesbian erasure?



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## Women in Professional Spaces

46. If you are in paid or voluntary employment, has gender identity politics had an impact on your professional life?

- A Great Deal  A Little
- A Lot  Not at all
- Moderate Amount

47. Do you feel able to talk about your views on gender identity politics at work?

- Yes
- No
- Does not Apply

48. Are you concerned about the possibility of being sacked from a job or threatened with being sacked?

- A great deal  A little
- A lot  Not at all
- A moderate amount

49. Are you concerned about women being de-platformed from speaking events?

- A great deal  A little
- A lot  Not at all
- A moderate amount

50. Are you concerned about funding being denied for not including men in the category of woman?

- A great deal  A little
- A lot  Not at all
- A moderate amount

51. Are you concerned about women administering personal care to male clients?

A great deal

A little

A lot

Not at all

A moderate amount

52. Are you concerned about having to affirm other people's 'gender identity' at work?

A great deal

A little

A lot

Not at all

A moderate amount

53. Are you concerned about women having academic work refused or discredited?

A great deal

A little

A lot

Not at all

A moderate amount

54. Are you concerned about women losing positions reserved for women to men who claim to be women?

A great deal

A little

A lot

Not at all

A moderate amount

55. Are you concerned about workplaces / universities / institutions (including NGOs, global organisations, political parties, cultural organisations etc.) adopting gender identity ideology?

A great deal

A little

A lot

Not at all

A moderate amount

56. Would you like to say more about women and professional spaces?

## Information and Misinformation

57. Are you concerned about the use of misinformation in reports about violence against, and suicide in, the 'trans community'?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

58. Are you concerned that crimes of violence and sexual assault by men are reported and recorded as women's crimes?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

59. Are you concerned that sex-based discrimination and violence cannot be evidenced since these are no longer recorded by sex?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

60. Are you concerned about men who identify as 'trans' committing sexualised crimes against women and girls?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

61. Are you concerned by the assertion that women have privilege over men who claim to be women?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

62. Are you concerned about the loss of sex-based rights and disregard for sex as a protected characteristic?

A great deal

A little

A lot

Not at all

A moderate amount

63. Are you concerned about organisations misinforming people about the law relating to women and sex-based rights?

A great deal

A little

A lot

Not at all

A moderate amount





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### Information and Misinformation Continued

64. Are you concerned about historic female figures being demonised or posthumously 'transitioned' and called men?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

65. Are you concerned about having to refer to our assailants, including our rapists, as women, when giving evidence?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

66. Are you concerned about gender identity ideology being promoted in therapeutic, healthcare or clinical settings?

- |   |                                  |
|---|----------------------------------|
| <input type="radio"/> A great deal      | <input type="radio"/> A little   |
| <input type="radio"/> A lot             | <input type="radio"/> Not at all |
| <input type="radio"/> A moderate amount |                                  |

67. Would you like to say more about information and misinformation?

Various Other Issues

68. Are you concerned about women being pressurised to change their sexual identity because their partner claims to be of the opposite sex?

- A great deal  A little
- A lot  Not at all
- A moderate amount

69. Please add anything else you would like to say.

70. Are you concerned by the assumption that if you do not refer to yourself as 'non-binary' or 'trans', you conform to sexist stereotypes?

- A great deal  A little
- A lot  Not at all
- A moderate amount

71. Are you concerned by the enforcement of rigid sex-role stereotypes?

- A great deal  A little
- A lot  Not at all
- A moderate amount

72. Are you concerned by de-transitioners being stigmatised and silenced?

- A great deal  A little
- A lot  Not at all
- A moderate amount

73. Are you concerned about therapists being afraid to attempt exploratory work with clients in case they are accused of performing conversion therapy?

A great deal

A little

A lot

Not at all

A moderate amount

74. Are you concerned about having to share women only spaces (eg rape crisis centres, domestic violence refuges and homeless shelters, prisons, hospital wards, psychiatric wards, changing rooms etc) with men?

A great deal

A little

A lot

Not at all

A moderate amount

75. Are you concerned by women having to accept men providing personal care?

A great deal

A little

A lot

Not at all

A moderate amount

76. Are you concerned about women being harmed, or missing opportunities, when men compete or play in women's sports?

A great deal

A little

A lot

Not at all

A moderate amount

77. Are you concerned about the growing number of celebrity / influencers 'identifying' as non-binary?

A great deal

A little

A lot

Not at all

A moderate amount

78. Would you like to say more about any of these issues?



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### Demographics

79. Are you female?

- Yes
- No

80. How old are you?

- Under 18
- 19-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65+

81. Do you feel that your ethnicity is relevant to your experience of gender identity ideology?

- Yes
- No

82. How do you define your ethnicity?

83. What is your sexual orientation?

- Lesbian
- Bi sexual
- Other (please specify)
- Heterosexual

84. Do you have a disability (including enduring mental health problems)?

- Yes
- No

85. Would you like to say more about your disability?

86. What country do you live in?

87. What is your country of origin?

88. Is there anything else you want to tell us about yourself and any impact gender identity ideology has had on you?

89. Would you be willing to be interviewed by WIT to tell us more?

Yes

Possibly

No

Yes, if anonymous

90. Would you be willing to participate in a media interview if appropriate?

Yes

No

Yes if anonymous.

91. If you wish to be interviewed please include your email address.

92. *If you wish to hear the results of this study please add your email address.*



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## Glossary Of Terms

### Glossary of terms:

**Sex:** The physical and biological characteristics that distinguish males from females.

**Gender:** The roles, behaviours, activities, and attributes that a given society at a given time considers appropriate for men and women. These are learned through socialization

**Gender Identity:** A deeply felt internal and individual experience of gender which some people say they experience and which does not necessarily relate to a person's sex and is felt to be innate. Not everyone has a sense of gender identity or believes in its existence.

**Gender Identity Ideology:** The belief that gender identity is the correct way to categorise men and women, that sex is a social construct which is not binary and cannot be used to categorise men and women.

**'Children' and 'young people':** The age at which a person is considered an adult varies globally. According to the United Nations, 'A child means every human being below the age of eighteen years unless under the law applicable to the child, majority is attained earlier... There is no universally agreed international definition of the youth age group. ... the UN - without prejudice to any other definitions made by Member States - defines 'youth' as those persons between the ages of 15 and 24 years.'

**Some examples of psychological harm/ mental distress/mental health problems:**

Feeling depressed, withdrawn, estranged from the world, things are unreal, worthless, sad, hopeless, disconnected or numb, lonely and isolated, dread, panicky, suicidal, worried or restless, unable to cope or being tearful. Poor concentration, anger, irritability, mood swings, anxiety, fear, loss of self-confidence, insomnia or nightmares, fatigue, racing heartbeat, edginess and agitation, aches and pains, muscle tension, sadness, tiredness, loss of self-esteem, self-blame, frustration, constant rumination. Overeating or loss of appetite, planning suicide, attempting suicide, heart palpitations or dizziness, self-medicating with alcohol or street drugs, digestive disorders, stomach churning, nausea ... this is not a definitive list.

Thank you again for filling in this survey.

Your response is of great value to us. The purpose of the survey is to gather data on the psychological impact of gender identity ideology on gender critical women, as such we are not in a position to offer treatment or support.

If you are feeling distressed, we urge you to seek emotional support from organisations available in

**your country. If you are in the UK, you can contact the Samaritans by phone on 116 123 or you can email them on [jo@samaritans.org](mailto:jo@samaritans.org)**

**You can also contact your doctor or speak to a friend or another gender critical woman for support.**

**Please fill it in by 4th December 2021**

**The Woman is This Collective**